

The Red Deer

Main Menu

Monday to Friday 12pm-3pm/5pm-9pm

Saturday 12pm-9pm

Almost all our food is made in house with the finest possible ingredients, supplied by local independent and family owned businesses. All of our meat products are supplied by John Crawshaws, with beef and pork raised and butchered in the Seven Hills. Fish products are supplied by William Howe and Sons.

Fresh fruit and vegetables are supplied by All Seasons.

Snacks & Starters

Patatas Bravas (v) Lightly fried new potatoes seasoned with smoked paprika. Served with chilli-lime mayo. ⁷	1.95
Bowl of Chips (vv) Served with Henderson's Relish ketchup. ^{9/10} Add gravy ^{1/6/9} , garlic mayo ^{3/10} or cheese. ⁷	1.50/2.50 0.50
Kumara Fries (v) Served with garlic mayo. ^{3/10}	1.75/3.50
Crispy Tofu Bites (vv) Fresh organic tofu tossed in 5 spice, sesame seeds and corn starch then deep fried until golden and crisp. Served with satay sauce. ^{5/6/8/11}	4.00
Buffalo Cauliflower Wings (vv) With Hot Sauce. ^{1/9/10}	4.50
Vegan Haggis Pakora (vv) Mushroom and jalapeno haggis encased in a gram flour and Turmeric batter. Served with Cajun sauce. ^{1/9/10}	4.50
Beer Battered Halloumi (v) Cypriot halloumi encased in a lightly seasoned batter. Served with chilli-lime mayo and salad. ^{1/3/7}	5.00
Nachos Fried wheat tortillas topped with cheddar, guacamole, sour cream, spicy tomato salsa, homemade chilli and jalapenos. Choose from five bean chilli (v) ^{1/7/12} or chilli con carne. ^{1/7/12}	6.50

Sandwiches

Cod Fish Fingers With baby gem lettuce and tartare sauce. ^{1/3/4/7}	4.50
Coronation Tofu Salad (vv) With beef tomato and red onion. ^{1/3/6}	4.50
Stilton & Mushroom (v) With crushed walnuts, honey and rocket. ^{1/7/8}	4.75
Chargrilled Cumberland Sausage With caramelised onions. ^{1/9}	5.00
Chicken BLT With bacon, beef tomato, baby gem lettuce and mayonnaise. ^{1/3}	5.50
Tuna and Red Pepper Melt With red onion, emmental and cheddar. ^{1/3/4/7}	5.50
Vegan Breakfast Bun (vv) Pan-fried mushrooms, tomato, hash brown, spinach and caramelised onions. ¹	5.00
Full Breakfast Bun Fried egg, chargrilled bacon, sausage and beef tomato, black pudding and hash brown. ^{1/3/9}	6.00

All of our dishes are prepared in an environment which contains traces of nuts and wheat. If you have any allergies or dietary requirements, please inform a member of our team when placing your order. We have numbered specific allergens in superscript to be used with the Allergen Key provided on the last page of this menu. Gluten free bread is available on request.

(v) = vegetarian (vv) = vegan

Salads

Falafel & Tzatziki (v) Crispy falafel served on a bed of green salad leaves, cucumber, red onion and cherry tomatoes with tzatziki and Cajun dressing. ^{1/7}	7.00
Salad Niçoise: Tuna, olives, green beans, new potatoes cherry tomato and hard boiled eggs. new potato with cherry tomato and mixed leaves. ^{3/4/10}	7.50
Chicken, Chorizo and Bacon Cobb Salad Served with mixed leaves and cherry tomato. ¹⁰	8.50

Mains

Cajun Falafel Wrap (v) Crispy falafel spiced in Cajun sauce and tzatziki, served with salad and chips. ^{1/9/10/12}	7.00
Battered Tofu & Chips (vv) Tofu steaks encased in a caper and gherkin beer batter and served with chips and vegan tartar sauce. ^{1/6}	8.00
BBQ Tempeh Pitta (vv) with chipotle mayonnaise, nachos and jalapeno salsa. ^{1/6}	8.00
Cumberland Sausage & Wholegrain Mustard Mash With caramelised onions, seasonal vegetables and red wine gravy. ^{1/6/9}	9.00
Vegan Sage and Marjoram Sausages (vv) ^{1/6/9} or Quorn sausages (v) ^{1/3/6/7/9} also available.	
Beer-battered Coley & Chips With tartare sauce and garden peas. ^{1/3/4/7}	9.00
Paidakia Lamb Chops With rosemary potatoes and cucumber, feta and tomato salad. ⁷	10.50
Vegan Cottage Pie A medley of winter vegetables with puy lentils in rich mushroom gravy topped with mashed potato. Served with seasonal vegetables. ^{9/10}	8.50

Burgers

Vegan Burger (vv) Butternut squash, sweet potato, cashews and ginger. Baked and then fried. Served with chips and salad. ^{1/8/9}	8.00
8oz Beef Burger 8ozs of Seven Hills beef mince, spiced with rosemary and mustard Served with chips and coleslaw. ^{1/3/9/10}	9.50
Please allow 20 minutes for beef burgers to be freshly chargrilled.	
Cajun Chicken Burger Spiced chicken breast fillet served with Creole mayonnaise. Served with chips and coleslaw. ^{1/3/9/10}	9.50

You can upgrade your chips to Kumara Fries for an additional 75p.

You can also add any of the following toppings to your burger for an extra 50p each:
Cheddar, Vegan Cheddar, Cheese of the Week, Stilton, Bacon, Chorizo, Caramelised Onions, Flat Mushroom, Guacamole, Black Pudding, Jalapenos.

Desserts

Cheesecake (v) See specials board for today's variety. ^{1/3/4/7}	4.50
Beetroot, Banana and Chocolate Brownie (vv) with fruit coulis and a choice of vegan ice cream or vegan custard. ¹	4.50

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